



WEEK 1

Spin

Teaching your dog to follow your hand in a circle.

WHY?

This one is a fun little trick but it's not just about teaching the spin. It's also teaching you how use your hand to guide your dog to do something new.
We are practicing our luring technique.

Step 1

Take a treat in one hand and cover the food with your thumb.



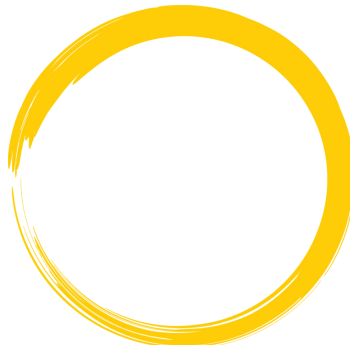
Step 2

Place your hand in front of your dog's nose but don't let them take the treat yet.



Step 3

Move your hand in a circle with your dog following. Don't move too fast - you want to keep their nose on your hand!



Step 4

When your dog completes the circle say 'yes', and then open your hand so they can take the treat.



Help!

For dogs that need help - break the circle down.

- Go a quarter around the circle, say 'yes' and feed.
- Go halfway around the circle, 'yes' and feed.
- Then go three-quarters of the way around the circle, 'yes' and feed
- Do the full circle, 'yes' and feed.

WELL DONE!

What is Luring?

- We can teach our dogs new behaviours by a process called luring. This involves taking a treat and holding it tucked between your pointer and middle fingers with your thumb covering the food.
- It needs to be far enough back so the dog can't take it, but they're interested in it.
- Luring creates movement by having your dog follow the treat.
- You want their nose pushing into your hand.
- Use your marker word, 'yes', when they get the behaviour right, and then give them the treat.

